



Freedom 2.0



**A simplified smartwatch
with life-saving capabilities.**

Powered by 4G LTE

Product Details

Match letters to diagram on the right to learn more about your device's functionality.

- A Help Button (Red)**
Press and hold to make an emergency call
- B Menu Button (Black)**
Press to wake your device
- C Charging Pad (Back of Device)**
Prepare to charge by matching this area to the magnetic prongs on your *USB Charging Cable*
- D Touch Screen**
Access lifestyle features in addition to an alternative touch screen emergency Help Button via a series of simple swipes and taps
- E Microphone**
Speak here to create voice recordings and communicate with our *Monitoring Center*

What's in the Box



Freedom 2.0



Wall Charger and USB Charging Cable

Key Features

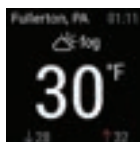
Your *Freedom 2.0* is full of useful features that you can access with the swipe of your finger.

1 Weather Forecast

Starting at the home screen (clock face), swipe until you see the title screen below. The watch will shortly display current weather conditions based on your location. You can see the current temperature, highs and lows, and precipitation including rain and snow.



Weather Menu Screen



Weather Conditions Screen



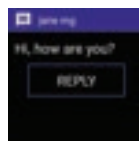
Wind + Humidity

You can choose to hear an audio reading of the weather read by *Smarti*, your device's Smart Information Assistant. Tap your finger on the weather condition screen to play audio. Information is automatically updated every 3 hours. To receive an instant update, hold your finger on the weather screen.

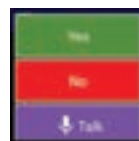
Scroll up to display wind speed, humidity and 24 hour weather forecasting.

2 Care Circle Messaging

Members of your *Care Circle* can send you messages using our *MyGuardian* desktop portal and app. Messages arrive directly to your watch screen with a gentle "beep." Simply tap and



Incoming Message



Pre-set Responses



Record Audio Message

scroll to read the full message. To hear an audio report, briefly press the message screen and *Smarti* will read you your message.

When presented the option to "Reply," pick one of the following pre-set responses: YES, NO, OK, THANK YOU, TALK (records an audio message), or Send Location (shares data with *MyGuardian*).

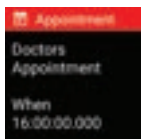
"TALK" will send a audio message up to 60 seconds long to the *Care Circle* member who messaged you. Press and hold the green "Record" button while speaking, and release when finished. Next, press the red microphone button. The menu will display "Play," "Send" and "Re-record". You can press "Play" to listen to your recording before sending.

After a message is sent, the device will return to the screen you were using prior to activating Messaging.

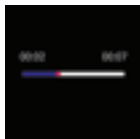
3 Reminders

Freedom 2.0 can receive reminders added in *MyGuardian* by members of your *Care Circle*. Reminders are great for events in addition to daily necessities such as remembering meds, drinking water, and taking stretch breaks. Tapping the reminder will trigger the details entered in *MyGuardian* as audio readings. Press "OK" to acknowledge them.

If you need to cancel or reject a reminder, you can do so through the *MyGuardian* Portal or app.



Incoming Message



Audio Message

4 Easy Testing

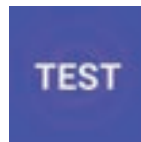
Live Testing (Preferred for Activation)

Initiate a live test by either pressing the Help Button or by swiping to activate the **HELP** screen as described in "Reporting an Emergency." To prevent dispatch, inform the operator:

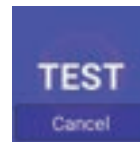
"This is just a test."

Automated Testing (Preferred for Monthly Tests)

Swipe until you reach the Automated Testing Screen. Press and hold "Test". After 3 short vibrations, the device will ring, and state "Call In Progress." When the test finishes, the device will state "Call Successful." The watch face will shortly display a summary of your call length. You may swipe back to the home screen. We recommend testing your device monthly.



Test Menu Screen



Cancel Test Option

Installation

1 Prepare the Charge

Before turning on your device for the first time, *Freedom 2.0* must charge until the battery is full. This takes approximately 2 hours. To charge, plug the *USB Charging Cable* into the *Wall Charger* before inserting it into a wall socket. Avoid sockets that are connected to light switches. Avoid power strips and power cords. Connect the prongs on the *USB Charging Cable* to the magnetic charging pad on the back of *Freedom 2.0's* watch face. When the prongs properly line up to the charging pad, the magnets on both parts will lock into place.

2 Check Your Charge

When the watch charges while powered off, it will show a blank screen for up to 10 seconds before information appears.

To check progress during a charge, quickly press and release the Menu Button. The battery icon and charge percentage will shortly appear.

If the watch charges while powered on, the charge percentage will appear next to a green battery on the top right corner of the screen.



Installation

3 Powering On

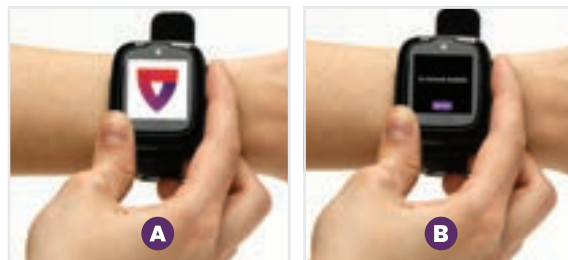
To turn *Freedom 2.0* on, hold down the Menu Button and release when you see the *Medical Guardian* startup screen.

Hold tight while your device starts up. You will be taken through a short series of screens:

- A** Our shield icon will quickly appear before the words **“Android is starting,”** take over your screen. It will shortly display **“Your watch is ready.”**
- B** The watch is likely to display the words **“No Network Available,”** and provide a **“Retry”** option. Disregard this cue and wait for *Freedom 2.0* to search local cell towers and fully connect to the nearest network.

When the cellular connection process completes, the home screen (clock face) will display.

- C** *Freedom 2.0* has 4 clock display options. To choose a new one, hold your finger on the clock face until it changes.



4 Powering Down

To power down, hold down the Menu Button. After the device vibrates 3 times, release.

The device will initiate a 5 second countdown before powering off completely. This sequence can be stopped by pressing the Cancel Button.

The screen will turn black and the device will vibrate one more time before completely powering off.

Need a Hand? We're Here for You

If any portion of the startup sequence is unsuccessful, an error message will appear. It will read: "No Network Available" with a "Retry" option. After 1 minute, tap the "Retry" option. This can be pressed a maximum of 10 times, waiting one minute between attempts.

If they fail, immediately call our *Customer Care* Team at **1 (800) 313-1191**.

5 Low Battery Alerts

If the battery on your *Freedom 2.0* dips to 15% or below, a red battery icon will appear on the top right corner of the screen. When the battery reaches 0%, the watch will power off.

Reporting an Emergency

1 Calling via Touch Screen

Your touch screen can be used to make emergency calls. To initiate one, swipe left to view the **HELP** screen. Hold your finger on the screen until it vibrates 3 times and the animation pulsates. Release your finger.



2 Calling via Help Button

The red Help Button on the right side of the watch can also be used to initiate a call. Just press and hold until you feel 3 vibrations. Release after you feel them.





After 3 vibrations, the word **"Connecting"** will briefly appear on the watch screen. It will soon switch to the word **"HELP"** before stating **"Call in Progress."** A loud ring will sound before the operator speaks.

You will then be connected with a caring, attentive *Monitoring Center* agent who will arrange the help you need and will stay in contact with you throughout the emergency. When the conversation ends, and the operator disconnects the call, the device will return to the **HELP** screen. Swipe to return to the clock.

If the **HELP** sequence for any reason fails, the following message will display: **"Unable to Connect, Please Call 911."**

If this happens, please contact our *Monitoring Center* as soon as you are able, so we can troubleshoot the issue and ensure it never happens again.

3 Cancellng an Emergency Call

After pressing the **HELP** button, an option to "Cancel" will be available for 3 seconds. The device will return to the main **HELP** screen after pressing cancel. When complete, swipe up to return to the home screen (clock face).

Customer Service

Our team is standing by to provide you with the help and support you need.

1.800.313.1191

Monday - Friday

9:00am - 8:00pm (Eastern Standard)

Saturday

9:00am - 5:00pm (Eastern Standard)

Support is also available online:

medicalguardian.com/support

customercare@medicalguardian.com

If you are happy with your *Freedom 2.0*, please tell us about your story and share your experiences on:



/MedicalGuardian



@MedicalGuardian



@MedicalGuardian

Legal documentation can be found at:

medicalguardian.com/legal